

## **Dr. Istiak Ahmed working for COVID-19 as frontline warrior.**

Name of the Young People : **Istiak Ahmed**  
Date of Birth : 16.02.1993  
Age (as on 09.05.2020) : 27 years 03 months  
House Name and No. : Satota#08  
Location (Programme Unit) : SOS Children's Village Dhaka  
Date of Admission in SOS CV : 18.02.1993  
Date of Departure : 16.02.2016  
Date of settlement (leaving care) : 20.04.2020  
Education and Training : MBBS  
Profession : Service (Jr. Medical Officer)

Istiak was welcomed to SOS Children's Village Dhaka in the year 1993 at the age of two days only. He has completed Secondary School Certificate (S.S.C) examination with GPA-5.00 (out of 5.00) from SOS Hermann Geminer College Dhaka in 2010 and Higher Secondary Certificate with GPA-5.00 (out of 5.00) from same College in 2012.

As a student he was sincere and hardworking, who successfully completed Bachelor of Medicine and Bachelor of Surgery (MBBS) from Gonoshasthaya Samaj Vittik (Community Based) Medical College and Hospital, Savar, Dhaka in the year 2018. Completing his one year of internship, he joined as a Jr. Medical Officer in Internal Medicine Department at Gonoshasthaya Samaj Vittik (Community Based) Medical College and Hospital, Savar in November 2019. In the hospital he provides indoor & outdoor patient medical care according to adapted and updated medical knowledge and universal hygiene standards to improve the patients' health conditions. Ensure the highest standard of patient care for the critically ill patient. Perform clinical procedures as suggested by consultant. Arrange investigations, attended ward rounds with concerned consultant, as require, available to discuss patient treatment plans, and evaluate patient's medical histories.

He is using personal protective equipment (PPE) at the hospital. And also try to maintain personal hygiene at home by frequent hand washing and keeping everything clean.

"During this pandemic of COVID- 19, all our health professionals are very careful about the patients. I have given treatments to many patients at the designated Fever and Flu corner during my roster duty. A Fever and Flu Unit has been opened in our hospital, where we are seeing and treating patients with Corona symptoms separately through roster duty and sending the suspected patients to the government-designated Corona isolation hospital for further treatment and testing," Istiak expresses.

Along with this he is an active member of "Corona Prevention Task force" formed by Gonoshasthaya Kendra (GK). Also he is working as a Volunteer Physician at Government Corona Control Hotline by Directorate General of Health Services (DGHS).

He also participates in community service activities. Emergency Food Assistance Program among the vulnerable families and children's due to COVID-19 pandemic was arranged by "Pathik"- a voluntary organization of a group of medical students and doctors which is working for the rights of health and education of vulnerable people. Istiak is one of the core member of

this organization. They tried to help almost 200 low income needy families by distributing food materials and tried to stand by their side.

Istiak says. "We all know this is a very critical time for all of us in the pandemic due to Corona Virus. As everything has come to halt, how all the people around us pass there days! The day laborers, house maids and their family are passing a very tough time. Though it's important to be housebound but they cannot sit back at home. The hunger being them out for searching their one single meal. It's our small arrangement to help them and their children to fight against all odds. We would try to help the children and their family as many as we can to fulfil their hunger as well as nourishment. So that they can stay at home and ensure safety for the society as well as country."

He also participated in the food distribution programme for the vulnerable families due to COVID-19 pandemic by Gonoshasthaya Samaj Vittik Medical College, April 2020.

Last March, he conducted a session on "Prevention and Precaution against Corona Virus" & "How to hand wash properly" at SOS Youth Village Dhaka. There he tried to teach and train the young people -importance of handwashing & how to hand wash properly. Correct hand wash procedure can fight against Corona Virus and also other infectious diseases. Besides, as a Telemedicine Physician during this critical situation he constantly gives services to SOS Youth Village Dhaka through online.

"I want to tell to my beloved brothers and sisters that it is not the time to be panicked or be lazy. Utilize your time properly for your study. Though the school is closed, it is not the time to sleep. It is a chance to do many creative things along with your regular study. You can read story books, novels. You have enough time to learn new things. You can discover new you and prepare yourself for the future for which this time can be a great opportunity. And also don't go out without any need. Stay at home and stay safe," Istiak says.

Md. Anisur Rahman  
Officer-Programme  
SOS Youth Village Dhaka  
Dated, Dhaka  
09 May 2020